

The Implementation of Weekly Conversation Program (Muhadatsah) to Improve the Daily Speaking Ability at Darut Taqwa Bungkal Ponorogo

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Abstract: *Speaking plays an important role in social interaction with others to obtain or exchange information because speaking is one way to express feelings, ideas, experiences, and knowledge to others. As well as the position of English in Darut Taqwa Islamic Boarding School is a mandatory language in daily communication. This condition requires Darut Taqwa Islamic Boarding School to prepare efforts to support the students' language learning process. Therefore, Darut Taqwa Islamic Boarding School established a program, namely Weekly Conversation (Muhadatsah) to teach students speaking skills directly and actively daily in the dormitory environment. Speaking skills need to be taught because speaking is one of the basic skills that someone in learning a foreign language must master. The objectives of this study are to 1) Describe the Weekly Conversation Program (Muhadatsah): objectives, materials, learning organization, learning experiences, strategies, and evaluation, implemented to improve daily speaking ability at Darut Taqwa Islamic Boarding School for girls. 2) Describe the obstacle students face in the Weekly Conversation Program (Muhadatsah). This research was designed using a qualitative method with a case study design. Data were collected through observation, interview, and documentation. Data were analyzed using Miles and Huberman with data reduction, data display, and conclusions. The results showed that 1) Implementation of the Weekly Conversation Program (Muhadatsah) to improve the daily speaking ability at the Darut Taqwa Islamic boarding school for girls, which there are elements: Objectives, Materials, Learning Organization, Learning Experience, Strategy, and Evaluation. 2) Obstacles faced by students in the Weekly Conversation Program (Muhadatsah).*

Keywords: *Speaking Programs, Daily Conversation, Speaking Ability*

Abstrak: Keterampilan Berbicara memegang peranan penting dalam interaksi sosial dengan orang lain untuk memperoleh atau bertukar informasi karena berbicara merupakan salah satu cara untuk mengungkapkan perasaan, gagasan, pengalaman, dan pengetahuan kepada orang lain. Begitu pula kedudukan Bahasa Arab di Pondok Pesantren Darut Taqwa merupakan bahasa wajib dalam komunikasi sehari-hari. Kondisi ini mengharuskan Pondok Pesantren Darut Taqwa menyiapkan upaya-upaya untuk mendukung proses pembelajaran bahasa santri. Oleh karena itu, Pondok Pesantren Darut Taqwa menyelenggarakan suatu program yaitu Muhadatsah Mingguan untuk mengajarkan keterampilan berbicara santri secara langsung dan aktif sehari-hari di lingkungan asrama. Keterampilan berbicara perlu diajarkan karena berbicara merupakan salah satu keterampilan dasar yang harus dikuasai

seseorang dalam mempelajari bahasa asing. Tujuan dari penelitian ini adalah untuk 1) Mendeskripsikan Program Muhadatsah Mingguan: tujuan, materi, organisasi pembelajaran, pengalaman belajar, strategi, dan evaluasi, yang dilaksanakan untuk meningkatkan kemampuan berbicara sehari-hari di Pondok Pesantren Darut Taqwa putri. 2) Mendeskripsikan kendala yang dihadapi santri dalam Program Muhadatsah Mingguan. Penelitian ini dirancang menggunakan metode kualitatif dengan rancangan studi kasus. Pengumpulan data dilakukan melalui observasi, wawancara, dan dokumentasi. Analisis data menggunakan Miles dan Huberman dengan reduksi data, penyajian data, dan simpulan. Hasil penelitian menunjukkan bahwa 1) Pelaksanaan Program Muhadatsah Mingguan untuk meningkatkan kemampuan berbicara sehari-hari di Pondok Pesantren Darut Taqwa Putri yang terdiri dari unsur-unsur: Tujuan, Materi, Organisasi Pembelajaran, Pengalaman Belajar, Strategi, dan Evaluasi. 2) Kendala yang dihadapi santri dalam Program Muhadatsah Mingguan.

Kata Kunci: Program Berbicara, Muhadatsah Harian, Kemampuan Berbicara

Introduction

Speaking is one of the four important components of English language learning. It is the speaking skill that is most needed in daily life. Everyone needs to communicate with others through speaking. Speaking plays an important role in social interaction with other people to get or exchange information because speaking is one way to express feelings, ideas, experiences, and knowledge to others. Therefore, everyone needs to have good speaking skills. (Situmorang, 2022) Along with the rapid development of the world, speaking should be a special concern for everyone. Moreover, speaking using a foreign language such as English. Because English is an international communication tool or international language which is now widely used. In Indonesia, English is taught as a foreign language. Almost all students in Indonesia learn all English skills including speaking in class. (Aulia et al., n.d.) But actually, communication or speaking is not only done in the classroom but also outside the classroom. On the other hand, English learners rarely practice speaking other than in class, because speaking practice outside of class requires a lot of time while the time used in class for learning is very limited.

There is a lot to be gained from activities held outside the classroom, and it's not just about adding value to speaking skills, but other areas as well. According to Hedge and Tricia, speaking or communication outside the classroom can improve academic achievement, make learning more interesting and relevant for students, reduce behavioral problems, increase motivation, and develop the ability to deal with uncertainty. Out-of-class learning activities can be applied to formulate speaking exercises, such as in daily conversations. It can be developed in educational institutions that facilitate students in speaking practice, which is useful to train them to be familiar with English as a daily conversation. (Armasita, 2012)

From the current phenomenon, many institutions in Indonesia both religious and non-religious are trying to help their students learn English, not only English in reading and writing, but also in speaking. As is common in the education system in the boarding school environment. Most of the education system in the boarding school environment emphasizes the use of several foreign languages such as English in daily language use. This certainly makes students learn to speak using a foreign language or English properly and correctly so that communicating with each other can be established properly, and to learn this requires a long process and requires a method that must be used so that the student learning process can be well received. (Armasita, 2012)

Darut Taqwa Islamic boarding school is one of the Quran memorization boarding schools in Ponorogo. This boarding school not only focuses on Islamic religious studies but also prioritizes memorizing the Quran. However, on the other side of the boarding school that prioritizes memorizing the Quran, Darut Taqwa boarding school also has a language target. This pesantren has an organization that is also focused on managing all language activities in the pesantren. There are several language programs implemented to improve students' language skills.

One of them is in addition to the Arabic-English week in general that exists in other Islamic Boarding Schools, there is another "Weekly Conversation (Muhadatsah) Program" to develop fluency in the daily English used by students while in the dormitory. This program aims to overcome some of the problems that students find in learning foreign languages, especially in speaking skills using foreign languages. This Weekly Conversation (Muhadatsah) has an important role in the daily lives of students. Weekly Conversation (Muhadatsah) is a forum or special learning program so that students can communicate fluently in communicating using the target language. Therefore, it is very important to hold this program to improve students' speaking ability.

As new students enter the boarding school, this weekly conversation (Muhadatsah) program is very much needed. Because when new students enter the boarding school they are required to directly follow the order of the language system used, such as the use of English in everyday language. While most new students still have language skills that are arguably still lacking whether in terms of vocabulary, pronunciation, grammar, and so on. Therefore, the weekly conversation (Muhadatsah) program must greatly help students, especially new students, as they will find it easier to learn and improve their language skills.

There are many Article that Discuss About Muhadatsah Program, for Example: Hamdy About Ta'lim Idhafi Program in University (Hamdy, 2021) and Arsyad About any Method in Muhadatsah Program (Arsyad, 2019). But, There are no articles that explain about Weekly Conversation Program especially in any places.

Based on the explanation above, language programs have been widely used in several boarding schools, especially in Darut Taqwa Islamic Boarding School to improve the students' speaking skills. What makes this program different from other boarding schools is the interesting way of learning and has many activities such as speech training, language ambassador elections, adding

new vocabulary every day, and English parties. However, it is still necessary to conduct more in-depth research related to how this program is implemented, how the students respond and what are the obstacles faced in its implementation.

Method

Researchers used a qualitative research design in this study because the data was written verbally. Qualitative research is basically explanatory research. Qualitative research has several characteristics, namely the researcher is the main instrument, and data analysis is carried out in natural conditions.(Cresswell, 2019) In this study, the researcher used a case study design. A case study is a research strategy that focuses on understanding the dynamics that exist in a single setting.(Rahardjo, 2020) According to Donald Ary, case studies provide an in-depth description of a single unit. The unit can be an individual, group, site, class, process, or community. Case studies can answer descriptive questions or try to explain why something happens by looking at a process. The subject of this research is the students of Darut Taqwa Islamic Boarding School. This research was conducted because it was to find out clearly the English language program, which was in the student language program at Darut Taqwa Islamic Boarding School for Girls.

Data collection enables the researcher to accurately examine the outcomes of all actions using his study design and methodology. Data collection is the accumulation of specific evidence that will enable the researcher to properly analyze the results of all activities by his research design and procedures.(Sugiyono, 2018) There are many ways to collect data, such as observations, questionnaires, and interviews. In this study, researchers use interviews, observations, and documentation as data collection techniques. In qualitative research, the data are obtained from various sources, which are conducted continuously until the data is saturated. As a result of continuous observations, will result in very high data variations. The data obtained are

generally qualitative, so the data analysis technique does not have a clear pattern. (Sugiyono, 2018) Spradley stated that analysis in any type of research is a way of thinking that is related to the systematic examination of something to determine the parts, the relationship between parts, and their relationship to the whole (Spradly, 1980) In this study, the author will use the data analysis technique of the Miles and Huberman model which consists of three stages, namely data reduction, data display, and conclusion drawing or verification.

Result and Discussion

The background of the Weekly Conversation (Muhadatsah) Program at Darut Taqwa Islamic Boarding School is that Darut Taqwa Islamic Boarding School, which is famous for its main program, Tahfidz Qur'an, also has a compulsory language program, namely English and Arabic. With this compulsory language program, all residents of the dormitory or boarding school are required to use these two languages every day, namely English and Arabic. From the Muhadatsah Program, it is hoped that all Santri or boarding school students will be able to help with language skills, especially speaking.¹ However, there are many reasons that require the holding of this Muhadatsah in a boarding school, because all students have different communication skills and language skills for each person, and communication itself always uses language. As well as there are still many students whose confidence is still lacking in speaking using foreign languages, a lot of foreign language vocabulary is still unknown, many students are afraid of making mistakes in speaking foreign languages, embarrassed if they are laughed at by other students or students and so on.

Therefore, Muhadatsah is held as a weekly habituation that is carried out every Sunday morning, which this Muhadatsah activity teaches how to express good and correct conversations and the use of appropriate vocabulary. This Muhadatsah activity focuses only on conversation or the use of correct

communication in daily activities only, because it is considered the most needed by students or boarding school students who communicate every day using these foreign languages. So, the holding of Muhadatsah, can help students or boarding school students use or apply how to speak English and Arabic in every daily language. The hope is that it will also increase the insight and language skills of the students.

Weekly Conversation (Muhadatsah) is one of the language programs or habituation that is widely run by modern boarding schools including Darut Taqwa Islamic boarding school. Muhadatsah has the meaning of conversation which comes from Arabic *fi'il madhi mujarrad Hasada* meaning dialog, conversation or speaking. While Muhadatsah comes from *fi'il sulasi mazid* which one of its rules means mutual. So Muhadatsah means a conversation between two or more people.(Fitriyani, 2020)

Muhadatsah is one of the habituation activities in the field of language in a modern boarding school which aims to improve the language skills of students or santri, especially in terms of learning to speak or arguably learning or practicing conversation activities in everyday life, and Muhadatsah is also included in one of the supporting programs of another language program, namely the liqo' Mufrodat habituation program.

Researchers conducted observations and interviews on Sunday, March 3 to Sunday, March 16, 2024 at Darut Taqwa boarding school with members of OSDA (Darut Taqwa Student Organization), especially in the language section, as well as teachers as Muhadatsah activity supervisors. Based on the findings of observations at the Darut Taqwa boarding school for girls, the use of English in daily interactions is fairly well run. Changing the language use schedule is usually done once a week. All students interact with each other using English confidently even though sometimes there are some problems that occur. In their daily practice of using English, OSDA always supervises them intensively and makes corrections to incorrect language use when OSDA encounters it. In addition to trying to correct as feedback, OSDA also provides punishment or

consequences if there are students who violate the mandatory language in the pesantren environment.

Researchers found that the implementation of Weekly Conversation activities starts with objectives, materials, learning organization, learning experiences, strategies, and evaluation. The purpose of holding *Muhadatsah* as it should be is to provide basic language knowledge and to train students or boarding school students to get used to speaking English and Arabic in everyday language when they are in the boarding school environment. Therefore, to achieve the goal of *Muhadatsah* itself, it is necessary to provide a material either starting from the most basic material to a level of material that is a little high enough so that it is sufficiently equipped when it will be used in conversation or chat in the daily life of the students in the boarding school environment.

The material provided in this *Muhadatsah* activity is only about daily conversation material or outside of formal conversations because this *Muhadatsah* activity is indeed held to further support or help students get used to and be able to use conversations using English and Arabic. The way the material is delivered is also quite easy to accept, especially with the guidebook so that the speaker only thinks about how to deliver the right material and is easily accepted, and the delivery of the theme of the material to be studied that day is also delivered just like that or suddenly directly during the activity, because it is also felt as a challenge and to get new experiences for students when learning languages. However, even though the material presented was only told during the activity process or seemed sudden, the students who studied at that time did not feel difficult with the process. Because the *Muhadatsah* teacher or OSDA as the *Muhadatsah* speaker delivered the material repeatedly and gave examples with a clear and loud voice so that the students could easily catch and practice it again easily.

The process of *Muhadatsah* activities is quite short, because the *Muhadatsah* habituation time every week is only about 30 minutes and

continued with other cottage activities. The process of Muhadatsah activities starts from the first, namely the ringing of the bell which is already a sign that this activity will begin soon. Second, all students or students are gathered into one place, namely in the field by counting down from 10-1. Third, when all students have gathered in the field, Muhadatsah activities are opened first by the OSDA language section, which the opening activity itself consists of the attendance of students or students as well as an outline of what will be learned on Muhadatsah that day and also the distribution of Muhadatsah activity practice places. Fourth, after the division of places is carried out, when they arrive at their respective places, the students will be taught or delivered the material studied by OSDA in each group. Fifth, after the material is delivered then all students immediately practice. Usually, it starts with the OSDA reading repeatedly and modeling through movements if that is needed first then imitated by other students until they are considered to have memorized enough of what has been conveyed. Sixth, a question and answer session about the meaning of words or the meaning of words that have been practiced earlier. Seventh, because students have different memories, they are given more time to memorize again about the material, then if it looks like they have memorized, they are continued by asking to repeat practice the material and the students who are appointed to practice are chosen randomly. Finally, after the practice is deemed sufficient at the end of the activity, it is carried out together again so that it is better understood and then the Muhadatsah activity is closed with greetings.

In an effort to improve language skills in a series of implementing language activities in this Darut Taqwa Islamic boarding school, the boarding school institution or organization organizes or manages all language activities so that the knowledge that has been obtained and the many practical materials that have been given which are to support the quality, vision, and mission related to the language activities of this Islamic boarding school feel that it will not be in vain, the boarding school applies grouping or management of the days

of learning language activities. As well as language week, this language week is a routine to use everyday language using English and Arabic. The use of English and Arabic is carried out by alternating or rolling the language once a week. There is also liqo'al Mufrodat, which supports language skills as well. This activity is carried out every day by providing vocabulary before all students enter the class every morning. Activities that are very useful for increasing self-confidence and can improve the quality of public speaking are also held every Sunday night, namely Muhadharah or speeches. Muhadharah is usually carried out by students in turn by rolling every week. The last language activity carried out on Sunday morning is Muhadatsah or weekly conversation.

From the entire series of activity programs that have been carried out, there is an evaluation process in order to achieve maximum goals and results that are sometimes needed, so that when the process from year to year has shortcomings or even for supervision, it can be corrected through the evaluation process and it is hoped that from this evaluation, existing activities will be better in the future. Researchers can see that there are no special activities to evaluate all students in this Muhadatsah activity. The evaluation process is only aimed at the organization that takes care of the activity.

There is a process of implementing a program, of course, there are many things that need to be considered, whether it starts from preparation to how the results will be obtained, and from the course of a program there must be such a thing as obstacles. After conducting observations and interviews, the researchers found that there were several obstacles experienced by the students of the Darut Taqwa Putri Islamic boarding school in the process of implementing the Muhadatsah program activities, including: Of the several obstacles found, almost all students are a little difficult or hampered from the field of material. Many students stated that their obstacles were lack of memorization skills, lack of vocabulary knowledge, lack of understanding the meaning or meaning of a word, not knowing how to pronounce or pronounce and how to read correctly.

Based on the data presented about Weekly Conversation (Muhadatsah), Weekly Conversation (Muhadatsah) is a habituation program held at Darut Taqwa Islamic boarding school which aims to improve language skills and also familiarize students to use English and Arabic in their daily lives. For the purpose of this habituation program is one way in which students quickly learn from a habit that has been done, so that they will not be confused anymore when using two languages alternately directly in their daily language activities. As according to Khan's theory, speaking strategies are one of the important aspects of communication skills. Therefore, it is necessary to habituate speaking practice in order to get used to foreign languages. (Mukhlas & Fadhilah, n.d.)

This Muhadatsah activity only carries material about conversations related to daily activities, where the material is adapted from a guidebook consisting of two levels, namely volume one and volume 2. Volume one is intended for new students while volume two is intended for old students. So according to the data presentation, the speaker only presents material that is in accordance with the needs that support the improvement and improvement of the students' speaking skills in the daily environment such as vocabulary, fluency, pronunciation, and also grammar, all of which are included in the speaking component. In the process of implementing this habituation and efforts to improve skills and also develop the material that has been delivered, all students need this because they are required to interact using English for one week each month as set out in the agenda. The speaking materials are in accordance with the components of speaking in David Harris' theory, the materials needed to support speaking skills are vocabulary, grammar pronunciation, and speaking fluency. (David, 1974)

When delivering material and also practices carried out during activities also have a strategy or method in the learning process. As stated in the data presentation, the teaching carried out is using direct methods, direct methods that are applied by simultaneously processing all students are given examples first repeatedly, explained about the meaning and meaning of a sentence, and

also memorizing the material taught directly and continued directly to practice the material that has been given. This is in accordance with Oxford's theory of direct language learning strategies. Language learning using direct strategies is a method used by students in storing, acquiring, utilizing information obtained, and also experimenting.

In the process of a learning program, there must be a learning organization. A learning organization is an institution or organization where all members want to continuously improve their abilities to achieve the desired goals. As described in the presentation of data that the Darut Taqwa Islamic boarding school formed an agenda for the language learning process run by OSDA (Darut Taqwa student organization) and under the supervision of the boarding school institution in order to improve understanding of language skills in the boarding school environment and also as a manifestation of the vision and mission in this Darut Taqwa Islamic boarding school. The boarding school institution applies grouping or management of learning days for language activities, as well as language weeks that alternate languages, namely English and Arabic, liqo'al Mufrodat, Muhadharah, and finally Muhadatsah. All activities carried out by the Darut Taqwa Islamic boarding school are also directly applied in the daily lives of all residents of the Islamic boarding school environment. This is in accordance with the theory according to Marquardt, the learning organization in a system consists of five subsystems, namely knowledge, learning, technology, people, and organization. (Djalal, 2017) The five subsystems are considered capable of increasing one's ability for mutual success. From the learning organization itself, according to Marquardt, there are several approaches and from the existing approaches, the most appropriate approach used by the Darut Taqwa Islamic boarding school is the Action Learning approach. Action learning means reflecting on current realities, based on real time, and applying that knowledge in real time, and applying that knowledge to the development of individuals, groups of teachers, and school organizations.

From the implementation of the learning program, a teacher must consider the activities that will be applied to students, which can help students train and hone their speaking skills by helping them find ideas and supporting them to feel confident enough to speak. As the description data that has been listed, the Darut Taqwa Islamic boarding school implements Muhadharah activities in order to improve language skills and increase self-confidence, because in this Muhadharah activity students are required to speak in front of many people using three languages, namely English, Arabic, and also Indonesian. So that from this, students are required to be able to provide good performance and. This is in accordance with Harmer's theory that speaking activities carried out must be aimed at students with learning experiences to achieve the expected goals. In speaking activities, and also Harmer states that there are several types of speaking activities. One of them that has been implemented by the students of Darut Taqwa Islamic Boarding School is the Student presentation type of activity. Student presentations is where students individually give a lecture on a particular topic in front of the class or crowd. While other students listen to the presentation and provide feedback on the presentation.

Usually, an institution or an organization that has a learning program certainly wants to know the success of the teaching and learning process that has been implemented, and to see this it is necessary to hold an evaluation. Evaluation is an effort made in a teaching and learning activity to measure how successful teaching and learning activities have been carried out. In an effort to find out the success of the teaching implementation process and speaking skills, the Darut Taqwa Islamic boarding School institution evaluates the administrators or teachers in the implementation of the Muhadatsah learning program. As stated in the data presentation, in the implementation of Muhadatsah, OSDA is the speaker and also the implementer of the activity, they are very much an example of all students who show how they speak well. Thus, how the success or achievement to be achieved can be asked directly to

OSDA, which is the administrator and full teacher of the Muhadatsah activity process, the accompanying teacher is only an observer and supervisor in the activity. This is in accordance with Phopam's theory that evaluation is a process in which decisions or judgments are made from various backgrounds trials and observations. (Jjarrah, 2019)

In the process of a learning program there is an obstacle that is faced is a very natural thing, especially if it is felt to be something new for those who are learning. The difference in learning ability is certainly an influence or a separate background for someone to understand what they are learning. As stated in the presentation or description of the data above, there are several obstacles experienced by students in the process of Weekly Conversation (Muhadatsah) activities, among others, it was found that almost all students were a little difficult or hampered by the field of material. Many students stated that their obstacles were lack of memorization skills, lack of vocabulary knowledge, lack of understanding the meaning or meaning of a word, and not knowing how to pronounce or pronounce and how to read correctly. This agrees with Richard who states that the common problems often faced by learners in speaking skills are, students cannot maintain oral interaction outside the segment, frequent communication interruptions so that communication is often interrupted, lack of vocabulary needed to talk about general conversation, lack of communication practice, and unable to actively participate in conversations. The problems faced by learners when learning is carried out make them not confident in practicing foreign languages, and this will hamper their ability to improve their abilities. (Mukhlas & Fadhilah, n.d.) However, from the Weekly Conversation (Muhadatsah) activity, the students in the Darut Taqwa Islamic boarding school actually increased their confidence, because they were really trained in Muhadatsah activities from the beginning of their language skills were very minimal until they could and were confident speaking with other people using two languages at once.

Conclusion

Weekly conversation is one of the language programs held with the aim of improving speaking skills, especially for daily conversation. This can be proven in terms of the purpose of the program itself, which is to improve speaking skills. In terms of material, it is also selected or more adapted to everyday language only, so that students will not be confused when directly in the application process. The learning experience gained from the process of this activity is also diverse, indirectly they learn the language field in addition to speaking but also writing, listening, grammar, and get new vocabulary. This weekly conversation (Muhadatsah) uses a direct method strategy in each process and for the evaluation process of this Muhadatsah activity, the accompanying teacher directly evaluates the party handling the activity, namely OSDA (Darut Taqwa Student Organization). There are several obstacles experienced by students in the process of Weekly Conversation (Muhadatsah) activities, many students stated that many obstacles faced were lack of memorization skills, lack of vocabulary knowledge, lack of understanding the meaning or meaning of a word, and not knowing how to pronounce or pronounce and how to read correctly.

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